Remimeo
All Students
St Hill Courses
All Staff

HCO BULLETIN OF 1st DECEMBER 1965.

CCH's

(Replaces HCO Bulletin of July 5th 1963 CCH's Rewritten)

As per HCO Pol.Let. May 17th 65. The CCH's are processes.
They are not Drills.
The following revised run down on the CCH's is to be used by
all auditors.

CONTROL-COMMUNICATION-HAVINGNESS PROCESSES

The following rundown of CCH 1, 2, 3, and 4 have been slightly amended
CCH's are run as follows:

CCH 1 to a flat point then CCH 2 to a flat point then CCH 3 to a flat point
then CCH 4 to a flat point then CCH 1 to a flat point, etc.

No: CCH 1.

NAME: GIVE ME THAT HAND.   Tone 40.

AUDITING COMMANDS: GIVE ME THAT HAND.

Physical action of taking hand when not given and then replacing it in the PC's lap.
Making physical contact with the PC's hand if PC resists. THANK YOU ending each
cycle.
All Tone 40 with clear intention, one command in one unit of time. Take up each new
Physical change manifested as though it were an origin by the PC when it happens,
and querying it by asking "What's happening?" This two way comm is not Tone 40.
Run only on the right hand.

AUDITING POSITION: Auditor and PC seated in chairs without arms. Auditor's knees
on outside of both PC's knees.

PROCESS PURPOSE: To demonstrate to pc that control of pc's body is possible, despite
revolt of circuits, and inviting PC to directly control it. Absolute control by
auditor then passes over towards absolute control of his own body by PC.

Never stop process until a flat place is reached. Freezes may be introduced at end
of cycle, this being after the THANK YOU and before the next command, maintaining a
solid comm line, to ascertain information from the PC or to bridge from the process.
This is done between two commands, holding the PC's hand after acknowledgement.
PC's hand should be clasped with exactly correct pressure. Make every command and
cycle separate. Maintain Tone 40, stress on intention from Auditor to PC with each
command. To leave an instant for PC to do it by own will before Auditor decides to
take hand or make contact with it. Auditor indicates hand by nod of head.

Tone 40 Command = Intention without reservation. Change is any physical,
observed manifestation.

No: CCH 2.

NAME: TONE 40 8c

AUDITING COMMANDS: YOU LOOK AT THAT WALL. THANK YOU.
                        YOU WALK OVER TO THAT WALL. THANK YOU.
                        YOU TOUCH THAT WALL. THANK YOU.
                        TURN AROUND. THANK YOU.

Take up each new physical change manifested as though it were an origin by the PC,
when it happens, and querying it by asking "What's happening"? This two way comm

is not Tone 40. Commands smoothly enforced physically when necessary. Tone 40, full intention.

AUDITING POSITION: Auditor and PC ambulant, Auditor in physical contact with PC as needed.

PROCESS PURPOSE: To demonstrate to pc that his body can be controlled and thus inviting him to control it. To orient him in his present time Environment. To increase his ability to duplicate and thusly increase his Havingness.

Absolute Auditor precision. No drops from Tone 40. No flubs. Total present time. Auditor on PC's right side. Auditor body acts as block to forward motion when PC turns. Auditor gives command, gives PC a moment to obey, then enforces command with physical contact of exactly correct force to get command executed. Auditor does not block PC from executing commands. Method of introduction as in CCH 1. Freezes may be introduced at the end of cycle, this being after the THANK YOU and before the next command, maintaining a solid comm line, to ascertain information from the PC or to bridge from the process, this being the acknowledgement 'THANK YOU' after the command "TURN AROUND".

CCH 1 and CCH 2 were developed by L.RON HUBBARD in Washington , D.C. in 1957 for the 19th ACC.

No: CCH 3.

NAME: HAND SPACE MIMICRY

AUDITING COMMANDS: Auditor raises 2 hands palms facing PC's about an equal distance between the Auditor and PC and says 'PUT YOUR HANDS AGAINST MINE, FOLLOW THEM AND CONTRIBUTE TO THEIR MOTION'. He then makes a simple motion with right hand then left. 'DID YOU CONTRIBUTE TO THEIR MOTION?' Acknowledge answer. Auditor allows PC to break solid comm. line. When this is flat, the Auditor does this same with a half inch of space between his and the PC's palms. The command being 'PUT YOUR HANDS FACING MINE ABOUT $\frac{1}{2}$ INCH AWAY, FOLLOW THEM AND CONTRIBUTE TO THEIR MOTION'. 'DID YOU CONTRIBUTE TO THEIR MOTION?' Acknowledge. When this is flat, Auditor does it with a wider space and so on until PC is able to follow motions a yard away.

AUDITING POSITION: Auditor and PC seated, close together facing each other, PC's knees between Auditors knees.

PROCESS PURPOSE: To develop reality on the auditor using the reality scale (solid communication line). To get pc into communication by control and duplication. To find auditor.

Auditor should be gentle and accurate in his motions, all motions being Tone 40, giving PC wins. To be free in 2-way communication. Process is introduced and run as a formal process. If PC dopes off in this process Auditor may take PC's wrist and help him execute the command one hand at a time. If PC does not answer during anaten to question ' DID YOU CONTRIBUTE TO THEIR MOTION?' Auditor may wait for normal comm. lag of that PC acknowledge and continue process.

TONE 40 Motion = Intention without Reservation. Two Way Communications = One Question - The Right One.

HISTORY: Developed by L.Ron Hubbard in Washington DC. 1956 as a therapeutic version of Dummy Hand Mimicry. Something was needed to supplant 'Look at me' 'Who am I?' and 'find the auditor' part of rudiments.

No: CCH 4.

NAME: BOOK MIMICRY

AUDITING COMMANDS: THERE ARE NO SET VERBAL COMMANDS.

Auditor makes simple motions with a book. Hands book to the PC. PC makes motion,

duplicating Auditors mirror-image-wise. Auditor asks PC if he is satisfied that
the PC duplicated the motion. If PC is and Auditor is also fully satisfied,
Auditor takes back the book and goes to next command. If PC is not sure that he
duplicated any command, Auditor repeats it for him and gives him back the book.
If PC is sure he did and Auditor can see duplication is pretty wrong, Auditor
accepts PC's answer and continues on a gradient scale of motion either with the
left or right hand till PC can do original command correctly. This ensures no
invalidation of the PC. Tone 40, only in motions, verbal 2-way quite free.

AUDITING POSITION: Auditor and PC seated facing each other, a comfortable distance
apart.

PROCESS PURPOSE: To bring up PC's communication with control and duplication
(control and duplication = communication).

Give PC wins. It is necessary for Auditor to duplicate his own commands.
Circular motions are more complex than straight lines. Tolerance of plus or
minus randomity are apparent here and the Auditor should probably begin on the
PC with motions that begin in the same place each time and are neither very
fast nor very slow, nor very complex. Introduced by the Auditor seeing that PC
understands what is to be done, as there is no verbal command, formal process.

HISTORY: Developed by L.R.H. for the 16th ACC in Washington DC 1957. Based on
duplication. Developed by L.R.H. in London, 1952.

                                        L. RON HUBBARD